

Dance Expressions 2021-2022 Classes

Classes begin August 2, 2021

Classes at Dance Expressions are designed to provide a step-by-step syllabus for development in accordance with the student's age and skill level. It is the policy of the studio to provide the highest standards of correct dance training while maintaining a fun environment. Please contact us with any questions. We would love to help you find the perfect class(es) for your student.

CLASS NAME	DIVISION	DESCRIPTION	AGE	DAY/TIME
AGES 18 MOS - 2 YEARS				
Tiny Toes (Non-recital)	PRE	Dance, Rhythm, Light Tumbling, Musicality to help them get ready for studio classes when they are 3	2-3	Mon 4:45-5:15PM
AGES 3-4				
Creative Dance	PRE	BEG Dance Elements, Ballet and Light Gymnastics	3-4	Mon 5:15-6:00PM Tue 5:45-6:30PM Sat 10:00-10:45AM
Hip Hop Minis	PRE	BEG Hip Hop	3-4	Wed 5:15-6:00PM
Primary Combo	PRE	BEG Tap and Ballet Combo Class	4-5	Tue 5:00-5:45PM Thur 5:45-6:30PM Sat 9:15-10:00AM
AGES 5-6				
Dance Combo	D1	BEG Tap and Ballet Combo Class	5-6	Wed 6:00-7:00PM
Dance Combo INT	D1 INT	INT Tap and Ballet Combo Class	5-6	Tue 5:30-6:30PM
Dancing Starz	D1	BEG Jazz and Ballet Combo Class	5-6	Thur 4:45-5:45PM Sat 10:45-11:45AM
Dancing Starz INT	D1 INT	INT Jazz and Ballet Combo Class	5-6	Wed 5:00-6:00PM
Hip Hop Starz	D1	BEG Hip Hop, Street Style Jazz, Age appropriate music and moves	5-6	Thur 5:00-5:45PM
BALLET TECHNIQUE & POINTE				
Ballet	Level 1	BEG Technique for a new Ballet Student	7 & up	Mon 5:30-6:30PM SAT 9:30-10:30 AM
Ballet (10&up)	Level 1	BEG/INT Technique - Instructor Approval Required	10 & up	Mon 7:30-8:30PM
Ballet	Level 1A	BEG/INT Technique - Instructor Approval Required	8 & up	Mon 6:00-7:00PM
Ballet	Level 2	INT Ballet - Instructor Approval Required	9 & up	Thur 6:30-7:30PM
Ballet	Level 2A	INT Ballet - Instructor Approval Required	9 & up	Thur 5:30-6:30PM
Ballet	Level 3/3A	INT Ballet - Instructor Approval Required	9 & up	Wed 5:00-6:00PM
Ballet	Level 4/5	INT/ADV Ballet - Instructor Approval Required	10 & up	Wed 6:30-7:30PM
Ballet**	Pre-Pointe	Must be in Ballet G3A or above or approved by instructor if in Ballet G3. Must be at least age 11. **Do not get shoes until approved by instructor.	11 & up	Wed 6:00-6:30PM
Ballet	Pointe 1	Must be in Ballet G3A or above or approved by instructor if in Ballet G3. Must be at least age 11.	11 & up	Mon 7:30-8:15PM
LYRICAL - EMOTIONS OF DANCE				
Lyrical	D2 Beg	BEG Lyrical	7-9	Tues 5:15-6:00PM
Lyrical	D3/D4 INT	INT Lyrical - Instructor Approval Required	10 & up	Mon 7:00-8:00PM
CONTEMPORARY & MODERN				
Contemporary	D3/4 ADV	ADV Contemporary - Instructor Approval Required	10 & Up	Thur 6:30-7:30PM
Modern	D3/4 BEG/INT	BEG/INT Modern	10 & up	Mon 7:00-8:00PM

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CLASS NAME	DIVISION	DESCRIPTION	AGE	DAY/TIME
HIP HOP				
Hip Hop	Level 1	BEG Hip Hop, Street Style Jazz	7 & up	Thur 5:45-6:30PM
Hip Hop	Level 2	INT/ADV Hip Hop, Street Style Jazz - Instructor Approval Required	8 & up	Tue 6:30-7:15PM
Hip Hop	Level 3/4	ADV Hip Hop, Street Style Jazz - Instructor Approval Required	10 & up	Wed 7:00-7:45PM
JAZZ				
Jazz	D2 BEG	BEG/INT Jazz	7-9	Mon 6:30-7:30PM SAT 10:30-11:30 AM
Jazz	D2 INT	INT/ADV Jazz - Instructor Approval Required	7-9	Tue 7:15-8:15PM
Jazz	L3/4 BEG/INT	BEG/INT Jazz	10-18	TUE 6:15-7:15 PM
Jazz	D3/4 INT	INT Jazz - Instructor Approval Required	10-18	Mon 6:00-7:00PM
Jazz	D3 ADV	ADV Jazz - Instructor Approval Required	10-13	Mon 5:15-6:15PM
Jazz	D4 ADV	ADV Jazz - Instructor Approval Required	13-18	Wed 7:30-8:30PM
Tap				
Tap	Level 1	Basic Tap	7 & up	Thur 6:30-7:15PM
Tap	Level 2/3	INT Tap - Instructor Approval Required	8 & up	Mon 7:00-7:45PM
Tap	Level 4/5	INT/ADV Tap - Instructor Approval Required	9 & up	Thur 7:30-8:15PM
SPECIALTY CLASSES				
Drill Team Prep (non-recital)	D3/4 BEG	BEG Drill Team Technique Flexibility, Leaps, Turns, Kicks, Precision	10 & Up	Wed 6:00-7:00PM
Drill Team Prep (non-recital)	D4 INT/ADV	INT/ADV Drill Team Technique Flexibility, Leaps, Turns, Kicks, Precision - Instructor Approval Required	13 & Up	Mon 7:00-8:00PM
Leaps & Turns (non-recital)	D3/4 INT	Leaps, turns, stretches and other dance technique	10 & Up	Mon 8:00-9:00PM
Trix of the Trade (non-recital)	D3/D4 INT/ADV	INT/ADV Stretching, Tricks, Leaps, Turns Instructor Approval Required	12 & up	Wed 6:30-7:30PM
Acro for Dancers (non-recital)	Level 1	Learn tricks and poses that can be used in your dances	7 & up	Tue 6:30-7:15PM
Acro for Dancers (non-recital)	Level 2	Learn tricks and poses that can be used in your dances Instructor Approval Required	10 & up	Tue 7:15-8:15PM

1. Class Sizes are limited. You must pay registration fee and sign up for autopay to reserve a spot in your preferred class.
2. All students are subject to the studio dress code and policies.
3. Instructors may change without notice.
4. Trial classes are available. Please call to book an appointment.
5. Drop in rate available

204 W. Heritage Drive, Friendswood, TX 77546
281-996-6000
www.danceexpressions.net

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